

# CHILD CARE POLICY



At Dynamic Dimensions, we know it can be difficult to fit in a workout among all of the other things you need to do every day. That's why we offer on-site child care for members' children and grandchildren while the member is using the fitness center during the designated child care hours. During these hours, child care is provided for children ages six weeks to 11 years.

## HOURS:

Monday – Thursday: 7:30 a.m. – 8:00 p.m.

Friday: 8:00 a.m. – 6:00 p.m.

Saturday: 8:00 a.m. – 11:30 a.m.

Hours are subject to change due to holidays or special functions. Please see a membership coordinator for details.

## GENERAL POLICIES

- A child may only be in our child care for a maximum of two and a half hours.
  - Children must be signed in and out by the member.
  - Any special information must be left in writing for the child care attendant.
  - Members must not leave our premises while a child is in child care.
  - No food or drinks are allowed, other than baby bottles.
- Members must call ahead to ensure that room is available in the child care area for infants ages six weeks to one year.
  - There will be a charge for non-member children that a member brings to child care.
  - If your child is not feeling well and is unable to attend school or regular child care, please do not bring him or her to our child care area. This will help us maintain a clean and healthy environment for all children in our care. We will ask you to take your child out of child care if he or she is displaying any of the following:
    - ♦ cold symptoms with fever
    - ♦ severe runny nose
    - ♦ fever of 100 degrees or more within the past 24 hours
    - ♦ diarrhea
    - ♦ is within his/her first 24 hours of antibiotic treatment
    - ♦ constant cough
    - ♦ fussy or abnormal disposition
    - ♦ rash
    - ♦ chicken pox or other childhood illness
    - ♦ pink eye

Please see back for additional information.

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- Children will be released only to the member who signed them in. If there will be someone else picking up your child, you must notify the child care attendant in writing with the name of that individual.
- Children will be disciplined in the following manner for inappropriate behavior:
  - ♦ first offense – warning
  - ♦ second offense – time out (unless the member wishes to be paged)
  - ♦ third offense – the member will be paged to remove their child from child care.
- Children who cause harm to others by hitting, biting, or throwing toys will be removed from child care and the member will be paged.
- A member will also be paged if their child is upset or crying and cannot be comforted by the child care attendant in a reasonable amount of time.
- **We reserve the right to refuse care for your child.**

## EMERGENCY POLICY

- A member will be paged in the event of an emergency. Please specify on the sign-in sheet the area within our facility where you will be located.
- In the event of a fire, all children will be evacuated as a group to the nearest exit.

## SUPPLIES

- The child care staff will change diapers when necessary. Please bring a clearly-labeled diaper bag with extra diapers, baby wipes, and a change of clothes.
- If your child has a favorite video to share, please feel free to bring it; however, we are not responsible for any damage to your personal property.
- Please do not leave valuables in the child care room. Lockers are available for your use. Please see a membership coordinator for details.
- Please label all belongings.

If you have any questions that cannot be answered by the child care attendant, please see any Dynamic Dimensions staff member.